



The Living Library



Key Numbers & Analytics

47

Videos
Published

201

Minutes

432

Students
Enrolled

1175

Video
Plays

What is the Living Library?

The Living Library is a growing collection of videos featuring the stories and experiences of real patients and caregivers. There are **47** videos discussing either **Patient Experiences** or **Caregiver Experiences**. The Living Library can be incorporated into curricula through required readings, case-based learning, student projects, etc. Videos are accessible with a UBC Campus Wide Login (CWL) on Canvas as well as with this QR code:



Why do we need the Living Library?

Patients are key advocates for their health, yet their involvement in medical education is often limited in scope and ineffectively integrated into institutions (Towle *et al.*, 2016). Through the Living Library, patients and caregivers can influence the education of health professionals using a digital medium. The use of trigger videos in medical education engages students by attracting their attention and evoking emotional responses, increasing learning retention (Hurtubise *et al.*, 2013).

Our approach enables people who have barriers to in-person participation to shape the narrative of medical education by giving patients a platform to speak candidly about the experiences that matter to them. The goal is to amplify these voices and authentically share their stories and experiences through videos that are accessible to students.

Participating Programs

Faculty	Course Code	Course Name
Faculty of Pharmaceutical Sciences	PHRM 311 IA PHRM 312 IA	Medication Management IV Medication Management V
Faculty of Medicine	AUDI 522	Communication Development and Disorders
Faculty of Arts	PSYC 314	Health psychology
Faculty of Education	KIN 341	Instructional strategies for including persons with disabilities in physical activity
BCIT Health Sciences	Various	67 programs

2024-2025 Updates

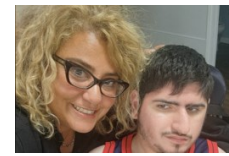
We introduced a multitude of new videos to the Living Library. Our catalogue is in **7+** different courses across **4** faculties, and now available to **67** Health Science programs at the British Columbia Institute of Technology (BCIT).



Patient Experiences Project: Jamie
Severe Traumatic Brain Injury



Mariana De Jager
Resiliency, Self-Determination, Empowerment



"To Let Go" A Digital Story by Ani
Respite, Accessible Care, Physical and Mental Wellbeing

Through a collaboration with **BC Complex Kids Society**, the Living Library now features videos which highlight the experiences of parents raising medically complex children. This digital resource also features videos from the **Planetary Health Project**, which discusses the connections between health and the environment. Furthermore, videos from the **Patient Experiences Project** are now shared in the Living Library, which were created as part of the UBC Faculty of Medicine FLEX curriculum.

New Collaborations and Additions

Melanie: Client-Centered Care
Collaboration, Effective Communication

The Planetary Health Project – Shane
Traumatic Brain Injury, Depression, Climate Change

Patient Experiences Project – Jim and Isabelle
Spinal Cord Injury, Impacts on Daily Living

Tyrone, Lyndon, & Melody Brown
Misdiagnosis, Stigma

CJ: A Message
Collaborative Healthcare, Shared Decision Making, Patient Empowerment

The Planetary Health Project – Michele
Anxiety, Depression, Forest Fires

Patient Experiences Project – Jamie
Severe Traumatic Brain Injury

"Into the Unknown" A Digital Story by Alisha
Medically Complex Cases, Diagnosis, Rural Community

Mariana de Jager
Resiliency, Self-Determination, Empowerment

The Planetary Health Project – Katrina
Climate Anxiety, Depression

Patient Experiences Project – Walt
Type 2 Diabetes Mellitus

"To Let Go" A Digital Story by Ani
Respite, Accessible Care, Physical and Mental Wellbeing

Stephen Reid
Treating others with respect, Kindness

The Planetary Health Project – Sandy
Asthma, Inhalers, Forest Fires

Sandra: "Wrap Around Healthcare"
Support Services, Caregiving, Continuity of Care

"Just Breathe" A Digital Story by Ashley
Micro-Preemie, NICU, Confidence

What do students say?

"I really liked the fact that the videos shared were personal, and that there weren't other people speaking for the patients..."

"I think having authentic people share their personal experiences is an effective way to depict real life situations and interactions with healthcare professionals...The videos are very insightful because they allow the watcher to... understand the patient's experiences...from their own perspective."

"I think there's practical implications to getting down to the level of the individual, to hear them describe their feelings (in their own words) about health issues they are dealing with, what their challenges were, and what kind of supports were helpful for them."

"I think the story is told very well and it is impactful having the people suffering from the disease tell their personal story rather than a doctor..."

Future Directions

The Living Library is an evolving and continually growing digital resource that conveys the power of storytelling in shaping the education of future healthcare providers. As the number of videos in the Living Library increases, through new partnerships and collaborations, diverse voices and perspectives will continue to be highlighted in stories and messages that transcend geographical location and provide a unique learning experience to all viewers.

The Living Library Program is produced by Patient & Community Partnership for Education in the Office of UBC Health, with funding from UBC Health, the UBC Teaching Learning Enhancement Fund (TLEF), Equity and Enhancement Fund (EEF), and Advancing Community Engaged Learning Fund (ACEL).

References: Hurtubise, L., Martin, B., Gilliland, A., & Mahan, J. (2013). To play or not to play: leveraging video in medical education. *Journal of graduate medical education*, 5(1): 13–18
Towle A, et al (2016). The patient's voice in health and social care professional education: The Vancouver Statement. *International Journal of Health Governance* 21(1): 18-25