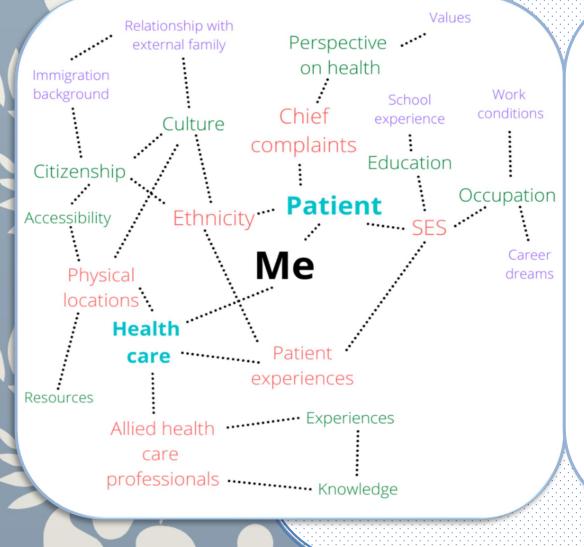
STAY CURIOUS, LISTEN WITH HEART, SPEAK WITH COMPASSION

Joy Occupational Therapy

Alyssa Medicine Cetareh Nursing Alexandra Health Mentor

STAY CURIOUS



Be on your 'Learning Edge'

There is and will always be a lot we do not know!

No Two People are the Same

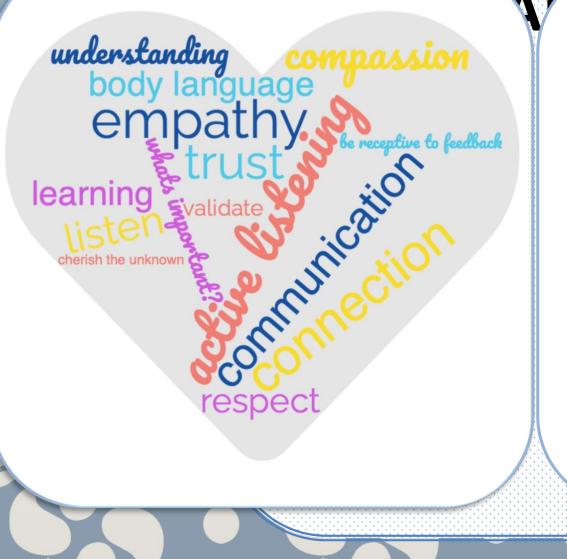
- Each piece of information can be unique based on many different factor
- Stay open-minded (to a different perspective)

Inspires Innovation

- As health care professionals, curiosity
 - \rightarrow individualized care + solutions to

healthcare problems

LISTEN WITH



•Empathize

• Show compassion for the person across from you

Active Listening

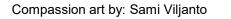
at"

- What is important to the client?
- What are their needs and wishes?

•Build connection and trust

- Communication is a two-way street
- "Meet them where they are

SPEAK WITH



Choices of words DO MATTER

- Be professional but use layman language
- Watch our tones and body language

Individualization with RESPECT

- Respect cultural differences
- Avoid assumptions based on stereotypes

Speak to Care

- Words of affirmation
- Clarity in communication