



Living Library

Annual Report 2020-2021

Key numbers and analytics from 2020-2021

18
published videos

398
students engaged

985
plays

2959
minutes viewed

What is the Living Library?

The Living Library is a growing collection of videos featuring the stories and experiences of real patients and caregivers. There are **18** videos covering **6 major topics** in healthcare: Communication and Relationship Building with Healthcare Professionals, Stigma and Assumptions, Chronic Disease, Healthcare Teams, End-of-Life, and Healthcare Advocacy. The Living Library can be incorporated into curricula through required readings, case-based learning, student projects, etc. Videos accessible with a UBC Campus Wide Login (CWL) at: <https://canvas.ubc.ca/courses/25637>.

Why do we need the Living Library?

Patients are key advocates for their health, yet their involvement in medical education is often limited in scope and ineffectively integrated into institutions (Towle et al., 2016). Through the Living Library, patients and caregivers can influence the education of health professionals using a digital medium. The use of trigger videos in medical education engages students by attracting their attention and evoking emotional responses, increasing learning retention (Hurtubise et al., 2013).

Our approach enables people who have barriers to in-person participation to shape the narrative of medical education by giving patients a platform to speak candidly about the experiences that matter to them. The goal is to amplify these voices and authentically share their stories and experiences through videos that are accessible to students.

Participating Programs

<i>Faculty</i>	<i>Course Code</i>	<i>Course Name</i>	<i>Number of students</i>
Faculty of Pharmaceutical Sciences	PHRM 141	Pharmacists in Practice 1	220
Faculty of Medicine	AUDI 522	Communication Development and Disorders	12
	PRHC 501	Foundations in Primary Health Care	7
Faculty of Arts	PSYC 314	Health Psychology	159

2020-2021 Updates

Although COVID-19 restricted our team's video production capacity, we introduced **6 new videos** to the Living Library using pre-recorded footage, discussion panels, and remote interviews.



Donna:
Caring to the End



Kristie:
What and Why



Eve:
Dying with Dignity



Marge and Eric:
Collaborative Healthcare with Families



HER AND HEALTHCARE
A Look Into the Relationship of the Health Care System and Teen Girls



Thom:
History Matters

Our catalogue is in four different courses across three faculties. Funding from the Advancing Community Engaged Learning Fund (Centre for Community Engaged Learning) and the Equity Enhancement Fund (Equity and Inclusion Office) supported the development of a new video in partnership with Justice for Girls, a Canadian non-profit.

What do students say?

"I really liked the fact that the videos shared were personal, and that there weren't other people speaking for the patients..."

"I think having authentic people share their personal experiences is an effective way to depict real life situations and interactions with healthcare professionals...The videos are very insightful because they allow the watcher to...understand the patient's experiences...from their own perspective."

"I think there's practical implications to getting down to the

level of the individual, to hear them describe their feelings (in their own words) about health issues they are dealing with, what their challenges were, and what kind of supports were helpful for them."

"I think the story is told very well and it is impactful having the people suffering from the disease tell their personal story rather than a doctor..."

Future Directions

We are expanding the Living Library to professional healthcare students beyond UBC. Interested institutions include:

- British Columbia Institute of Technology (BCIT)
- Stanford University
- Unity Health Toronto

We plan to grow the video library through collaborations with organizations such as:

- BC Centre for Substance Use
- Disability Alliance BC
- UBC Centre for Excellence in Indigenous Health
- Fraser Valley Aboriginal Children and Family Services

The Living Library Program is produced by Patient & Community Partnership for Education in the Office of UBC Health, with funding from the UBC Teaching Learning Enhancement Fund (TLEF), Equity and Enhancement Fund (EEF), and Advancing Community Engaged Learning Fund (ACEL).

References

Hurtubise, L., Martin, B., Gilliland, A., & Mahan, J. (2013). To play or not to play: leveraging video in medical education. *Journal of graduate medical education*, 5(1), 13–18. <https://doi.org/10.4300/JGME-05-01-32>

Towle, A., Farrell, C., Gaines, M.E., Godolphin, W., John, G., Kline, C., Lown, B., Morris, P., Symons, J. and Thistlethwaite, J. (2016). The patient's voice in health and social care professional education: The Vancouver Statement. *International Journal of Health Governance*, 21(1), 18-25. <https://doi.org/10.1108/IJHG-01-2016-0003>